

Senior Locating | Senior Living Options Comparison

Independent Living

Best for: active seniors who want community and a maintenance-free home.

Support: minimal hands-on care. Personal care and medications are usually self-managed.

Planning range: \$1,500-\$3,500 per month. Southern California: \$2,000-\$4,000.

Assisted Living

Best for: seniors who need regular help with daily routines.

Support: personalized assistance with tasks such as bathing, dressing, meals, mobility, or medication.

Planning range: \$3,500-\$6,500 per month. Southern California: \$4,000-\$7,000.

Memory Care

Best for: seniors living with dementia or Alzheimer's whose cognitive changes affect daily safety.

Support: dementia-specific training, structured routines, secure design, and individualized care planning.

Planning range: \$5,000-\$9,500+ per month. Southern California: \$6,000-\$10,000.

Before choosing, ask each community what is included, how care changes are assessed, and what the personalized monthly estimate would be for your loved one.

Senior Locating helps Southern California families compare options and coordinate tours.

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