PART OF THE MILE MARKER LIBRARY

2

RIGHT NOW

WALLET CRISIS CARD

Numbers to Call,
Ready to Print

STEPHEN DEASON

Alder Creek
EDITIONS

PART OF THE MILE MARKER LIBRARY

Wallet Crisis Card

Print this sheet, cut out a card, and keep it in a wallet, a phone case, or a pocket. Give the others away. The numbers work anywhere in the United States, day or night.

1. Print page 3 on card stock if you have it, or ordinary paper if you do not.

2. Print page 4 on the back of the same sheet if your printer does two-sided printing. If it does not, print page 4 separately, cut both sheets, and tape or glue the pairs back to back.

3. Cut along the lines. Each sheet makes ten cards.

4. Write your own people and places on the back of the card before you need it.

5. Page 5 holds four larger cards for anyone who wants bigger print.

If you are in danger, call 911. If you are in crisis, call or text 988.

This card is general information for adults. It is not medical, legal, or mental health advice, and using it does not create a professional relationship with the author or Alder Creek Editions. Withdrawal from alcohol, benzodiazepines, and some other drugs can be life-threatening. Talk with a qualified health care provider before you stop drinking or using. The author and publisher are not connected to, and do not endorse, any service named on this card.

Numbers and websites were checked in September 2026 and can change. Free to print and give away to anyone. It may not be sold or changed. Copyright 2026 Stephen Deason. Published by Alder Creek Editions, aldercreekeditions.com.

DON'T PANIC MILE MARKER LIBRARY

Emergency **911**
Crisis or suicide **988 call or text**
Treatment referrals **1-800-662-4357**
TTY **1-800-487-4889**
Text your ZIP to 435748 · FindTreatment.gov

Used opioids? Tolerance drops fast.
Don't use alone. Keep naloxone nearby.

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MY PEOPLE AND PLACES

Call first _____

If no answer _____

Clinic or doctor _____

Safe place _____

Meeting or group _____

Call someone just to hear a voice.

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Large print: cut out one of each and tape them back to back.