Planning and Providing Quality Programming
for Assisted Living Residents

Assisted Living Activity Programming Course

Approved by the **Virginia Department of Social Services- Division of Licensing Programs**
Meets the requirements of 22VAC 40-73-1120 F 5 of *Standards for Licensed Assisted Living Facilities*.
40-hour curriculum Instructor: Judi Cleary, ADC, ALFA, CDP, VDT-CT
Education for those managing or coordinating the structured activity program of the special care unit of an assisted living facility. Guides Activity Professionals for Assisted Living, including specialized memory care. Learn about enriching programming, improve planning and increase understanding of the needs of an aging population- including dementia-related changes.
Class is held live via online ZOOM classrooms. Computer audio AND video required.
Each session must be attended in entirety to successfully complete course. Please check dates carefully, there are no make-up sessions.

January 2027 (all classes are 8:30 am to 5:00 pm)

Choose ONE Annual Calendar Planning Focus: If you work only in a Special Care Unit (Memory Care) select MC Focus group.

☐ AL Focus: 1/5, 1/12, 1/19, 1/22, 1/29 (AL and MC)

☐ MC Focus: 1/5, 1/12, 1/19, 1/22, 1/26 (MC focus)

To register: Complete information below, scan this form to judi@SeniorSageConsulting.com or register online.

Cost: $285 for 40-hour program

Registration: *Your registration indicates understanding of attendance requirements.

Name: (as it should be shown on certificate) Print clearly, please.

_____

Title: _____

e-mail: _____

Company Name: _____

Address: _____

_____

Phone (student): _____

Discount of $50 per student is available for more than one student in a class from the same facility, please send in registration forms together.

This course will explore the standards related to activities, both in typical Assisted Living settings and Special Care Units (Memory Care) in Assisted Living. Curriculum Includes:

Types of adult group activities, various benefits, recognizing and assessing activity needs of residents.

- Understanding and supporting dementia and other types of cognitive impairment.
- Techniques to assist with communication and improve engagement.
- Behavior management approaches and therapeutic interventions.
- Calendar and program preparation and planning

Classroom materials provided prior to classes. Certificate of Completion awarded after completing this course.

LEARN ~ ENGAGE ~ REFRESH ~ PREPARE ~ ENRICH PROGRAMS

Senior Sage Consulting **www.SeniorSagePro.com** Cleary's Consulting, LLC