

Foreword

“Cellular Memory” is described as a hypothesis stating that-

such things as memories, habits, interests, and tastes may somehow be stored in all of the cells of human bodies, not just within the brain” The suggestion is based largely around anecdotal evidence of organ transplants after which the recipient was reported to have developed new habits or memories.ⁱ

Specialized fibers that differ in size and speed transmission carry pain and other information by way of myelinated or unmyelinated fibers; the technical name for that pain transmission is called “*nociception*,” which means “the perception of damage or injury.” In the description offered above, the damaged tissue releases chemicals, which produce substances released by the immune cells. Those immune cells then produce allergic reactions (histamines) or substances resembling unsaturated fatty acids that perform a similar function to that of hormones which control body temperature, inflammation, smooth muscle contractions, and blood pressure (prostaglandin)ⁱⁱ. These chemicals make it easier for stimuli to cause pain fibers to fire within the body when they would normally not do so.

Pain is one way the cells of the body communicate with our conscious mind. It’s a way to gain our attention and inspire us to change our thoughts, feelings, or actions so that it can heal easily and most often effortlessly.

Within this course you will learn to practice and master techniques that will help you to detoxify or lighten the load upon the cells of your body to allow for faster, easier, more effortless forms of healing by tapping into what I call your CELLULAR MEMORY GENIUS.

¹Wikipedia, the free Encyclopedia

² Simply translated as inflammation within the body