

Cellular Memory Detoxification Therapy (CMDT) and its uses

Cellular Memory detoxification (CMD) is a method or inner balancing practice whereby we communicate with our sensory cells, organs, and systems our efforts to free memories and sensations stored within the cells of the body that cause physical, mental, emotional, and spiritual imbalances.

By taking a hands-off approach (or perhaps a third-party stance) one can utilize deep breathing techniques to calm the mind in order to focus inwardly, forging a connection with the sensory cells to communicate and gain access to information stored within any organ or system. Once the mind is calm, the inquirer will ask the sensory cells questions and then listen for a response. The inquirer may see images, feel emotions or sensations, hear a voice speaking the answer, or perhaps even see type written words as if some unknown force is responding to the inquiry.

To communicate with the cells in effort to allow for detoxification and rebalancing one might imagine having a conversation with their best friend rather than move to manipulate the conversation by digging for memories that you may or may not remember. This process is not about digging but rather allowing the sensory system, which is responsible for processing sensory information, to show and tell what it has stored within the cells of the body.

Cellular Memory Therapy has been used in the prevention of disease, defeating addictions, lifestyle changes (nutrition, exercise, etc.), in the motivation of athletes and non - athletic individuals, as an aid for healing, recovery from syndromes, ailments, dysfunctions, emotional and behavioral disorder detoxification, pre-surgical, surgical and post-surgical-

rehabilitative procedures, analysis of life, healthcare choices and so much more. Its applications are endless.

In 1965, R. L. Fantz stated, “Perception is innate in the neonate but is largely learned in the adult.”ⁱ My twenty-five years of hands-on consultations with clients confirms Fantz’s statement in that clients (through the use of Cellular Memory Therapy techniques) have been able to retrieve memories about events that transpired while they were in their mother’s womb, and also while they moved throughout childhood, of which they are not fully aware until they focused on retrieving such data from within the body. This sort of therapeutic experience is more typically practiced by adults who are seeking to resolve life or health issues and is classically not fully understood until one reaches maturity; when adults are better able to comprehend any prior experiences that came to mind during therapy.

³ Schiffman, 406