

Origin of the dysfunction

Question to ask:

The dysfunction resides within which part or parts of my body?

Other question you can ask:

What other body parts require my attention currently?

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|----------------|--------------|-------------------|
| • Mind | • Liver | • Reproductive |
| • Head | • Spleen | organ(s) |
| • Sinus/ Nose | • Pancreas | • Lungs/Bronchial |
| • Mouth/Tongue | • Kidney | • Skin |
| • Teeth | • Bladder | • Nerves |
| • Ears | • Larynx | • Shoulders |
| • Throat | • Trachea | • Neck |
| • Eyes | • Back/Spine | • Tissue |
| • Abdomen | • Heart | • Gland(s) |
| • Stomach | • Upper limb | |
| • Rectum | • Lower limb | |

How to use your newfound abilities

What can one do with a more pronounced connection to intuition? My answer is quite simple—anything you want. I would however like to advocate that you willfully choose not to hurt others, trespass on their thoughts or use private information to ruin their lives. Always practice these techniques while considering that we must do no harm.