

How cells react to stimulation

If you are paying attention to the cells and communicating with them, they are receiving stimulation, but cells are constantly receiving stimulation at all hours of the day and night. In future courses we will discuss uses of Empathy, Telepathy, and Echolocation in greater depth demonstrating how a living being can emit energy signals (sounds or vibrations signals) which allows our sensory system to pick up outside stimulus and retrieve data, from other sources.

For now we need only know that Human echolocation can be performed by intentionally sending one's energy out into the environment in order to communicate or connect with another human, or thing, in an effort to retrieve physical, mental, emotional and even spiritual information about that object, to find and retrieve objects connected to another human, or to communicate parapsychologically-allowing one to hear another's thoughts, and to empathically feel and understand how another person experiences their life. Most of sensory tasks transpire without our conscious will. Developing our specialized sensory structures increases the potential to extract information from our environment, no matter what environment that might be. As our range of functional demands increases there is an even greater need to make finer sensory discriminations.

A concept offered by prominent neurosurgeon Norm Shealy suggests that there are "7 major sheaths" related to our energetic body that possess the ability to detect other energies in and around itself. If we were to follow the idea of echolocation, and our sensory cells (connecting the 7 major sheaths) are activated, we are better able to detect more subtle transmissions of energy such as electromagnetic radiation, radio waves or even decipher codes, signals or information from within another human body or from their environment.

To further qualify my statement a dear friend Gregg Spieth, a veteran that survived the Vietnamese War, shared his experience with war and how it triggered a cavalcade of bodily reactions that resulted in 36 years of severe back pain. He expressed an interest in sharing his wartime experience to help others see that they do not have to live with debilitating pain.

Gregg Spieth

Client enters with extreme back pain stating that he had seen every type of doctor that he could think of, and up to that point in time had gotten no relief from any of those modalities or medication prescribed to treat him.

By intentionally activating the sensory cells within my body I focused on asking the cells within his body to show me the origin of his dysfunction. The information that echoed back into my cells revealed that his back pain was only a secondary imbalance and that the “trigger” resided within his stomach. I then sent out another “call” or question asking the stomach to tell me what emotion resided within it that was causing of this dysfunction. The information retrieved by my cells suggested that the imbalance within his stomach was connected to guilt and included food.

I turned my attention to engaging Gregg as I allowed the cells within my body to engage with the sensory cells within his. I told Gregg what his body said about the back pain not being the primary imbalance and that it was his stomach instead, along with a memory regarding food. He seemed to get angry about this, so I asked him to keep an open mind and try to allow the body to communicate with us without fear of judgment, criticism or rationalizations. Although he did not understand the process he agreed to try. After some deep breathing exercises Gregg closed his eyes and I began asking specific questions. Question: What emotions reside within the stomach? His answer:

Fear and guilt. I next asked his body to take him to the very first memory the stomach ever had stored within it regarding fear, also to include food. In answer to my inquiry Gregg acted as if a bomb went off inside of his body as he was mentally transported back to Vietnam where he and his platoon were starving. He and one other officer agreed to venture out into the bomb trenches to forage for food for everyone. At this juncture Gregg became visibly emotional and he began to sob relentlessly. He relayed the filmstrip-like memory as he gasped for breath saying that as he and his fellow comrade moved through the trenches, they ate some of the food they found before taking any back to the platoon. He had internalized his guilt, and this is when the back pain began. In response to our questioning and holding a space to view the experiences without trying to fix the problem, his back pain disappeared instantly and to this day has not returned.

I reiterate that my belief based upon life experience and with trial-and-error use of these techniques that the physical bodily sensations are codes, or distress signals that the cells within our body send out in response to a particular stimulus such as our thoughts or actions; the result of our mental beliefs and the emotions that we experience at the peak of a specific event. If we focus on the one cause rather than the presenting ailment of any one illness, and if one intentionally looks for that one cause, we will find that it is the accretion of all factors, physical, mental, emotional, spiritual, chemical and electromagnetic that will determine the health of the physical form.

As we decipher the signals returning from our target of focus, our sensory cells share information that can be “heard,” “seen,” “felt,” “tasted,” and “smelled,” in the ultrasonic range, far outside the range of ordinary human physical sense organs.

As multi-dimensional beings our physical, mental, emotional and spiritual characteristics are divinely interwoven, creating a matrix which has the capacity to either create or disrupt currents of energy. In either case, our energy extends outward instigating an effect that impacts our target of focus, or our external environment, either positively or negatively while our inner environment is being bombarded by the stimulus from the external world.