RN TRANSITION TO PRACTICE

One-Patient Nurse Brain Sheet

Report → priorities → reassessment → handoff

Free printable • 1 patient

Use a neutral slot label only. Follow facility policy for use, storage, and secure disposal. This is a personal organizer, not the clinical record, an order set, or a substitute for assessment.

Patient slot: _____

During report: what needs attention?

Current concerns, relevant baseline, precautions, and gaps to clarify.

Start of shift: priority and next actions

Priority • task or care due • time • who is responsible.

Mid-shift: reassess and reprioritize

What changed? Response to care • next reassessment or check-back time.

Communication and follow-through

Concern / question • person contacted • response • follow-up due.

Handoff: what is still pending?

Outstanding tasks / results • trends to watch • next action and owner.

When priorities change: Recheck the patient and current plan. Mark the next action, who needs an update, and when you will check back. Follow local escalation procedures for concerns.

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No patient identifiers leave the unit. Do not photograph, upload, email, or take completed sheets home. Record assessments, care, and communication in the approved clinical record.