

Sources by Fact

The Move and the First Months: For Families and the Person Moving. Book 12 of The Sitting Room Series.

This list matches each fact in the book to its sources, chapter by chapter. The book itself lists each source once, with the chapters that use it. Websites were checked in October 2026. Pages move and change, so search for the title if a web address no longer works.

1. Who This Book Is For and How to Use It

Georgia licenses personal care homes and assisted living communities

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.15, Admission" (Personal Care Homes). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.15

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.15, Admission" (Assisted Living Communities). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.15

A Georgia assisted living community or personal care home that runs a memory care center needs a certificate from the Department of Community Health

O.C.G.A. (Georgia Code). Section 31-7-12.4, memory care centers. Unofficial online text, Justia: law.justia.com/codes/georgia/title-31/chapter-7/article-1/section-31-7-12-4/

Nursing homes follow federal participation rules, including resident rights

Code of Federal Regulations. "42 CFR 483.10, Resident rights." e-cfr.gov/current/title-42/chapter-IV/subchapter-G/part-483/subpart-B/section-483.10

Assisted living communities must give medicines to residents who cannot self-administer, with certified medication aides at a minimum; personal care homes assist with self-administration, and administration by trained staff is limited

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.20, Medications" (Assisted Living Communities), paragraphs (2) through (5). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.20

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.20, Medications" (Personal Care Homes), paragraphs (2), (5), and (8). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.20

Quotation on the notes page

Proverbs 24:3. King James Version (1611). biblegateway.com/passage/?search=Proverbs+24%3A3&version=KJV

2. When She Says No

Georgia's advance directive form gives a health care agent authority to admit the declarant to a health care facility, subject to limits on the form

O.C.G.A. (Georgia Code). Section 31-32-7, powers of the health care agent, subsection (e)(2). Unofficial online text, Justia: law.justia.com/codes/georgia/title-31/chapter-32/section-31-32-7/

A nursing home may not require a third-party guarantee of payment; a representative with access to her income or resources may sign without incurring personal liability

Legal Information Institute, Cornell Law School. "42 CFR 483.15, Admission, transfer, and discharge rights," paragraphs (a)(3), (c), (d), and (e). law.cornell.edu/cfr/text/42/483.15

A nursing home may not require arbitration as a condition of admission or of continued care

Centers for Medicare & Medicaid Services. "Medicare and Medicaid Programs; Revision of Requirements for Long-Term Care Facilities: Arbitration Agreements." Final rule, 84 Federal Register 34718, July 18, 2019, effective September 16, 2019; 42 CFR 483.70, binding arbitration agreements.
[govinfo.gov/link/fr/84/34734](https://www.govinfo.gov/link/fr/84/34734)

Providers may share information with family involved in her care unless she objects

U.S. Department of Health and Human Services, Office for Civil Rights. "A Health Care Provider's Guide to the HIPAA Privacy Rule: Communicating with a Patient's Family, Friends, or Others Involved in the Patient's Care."
hhs.gov/sites/default/files/provider_ffg.pdf

Elder law attorneys, found through the National Academy of Elder Law Attorneys

National Academy of Elder Law Attorneys. "Find a Lawyer."
naela.org/findlawyer

Georgia Senior Legal Aid, 404-389-9992, statewide for Georgia residents 60 and older

Atlanta Legal Aid Society. "Get Help" and "Contact."
atlantalegalaid.org

Elderly Legal Assistance Program offices by county, listed at aging.georgia.gov

Georgia Department of Human Services, Division of Aging Services. "Elderly Legal Assistance Program."
aging.georgia.gov/node/85

Quotation on the notes page

Proverbs 17:17. King James Version (1611). biblegateway.com/passage/?search=Proverbs+17%3A17&version=KJV

3. The Weeks Before

A Georgia personal care home requires a report of physical examination on the state form, dated within 30 days before admission

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.15, Admission" (Personal Care Homes). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.15

A Georgia assisted living community requires a physical examination within 30 days before admission showing the resident is free of active tuberculosis

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.15, Admission" (Assisted Living Communities). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.15

Medicare addresses are changed through Social Security

Medicare.gov. "Change your address."
medicare.gov/basics/change-address

PASRR: a nursing facility may not admit a new resident with a mental disorder or intellectual disability without the state authority's determination, made before admission

Legal Information Institute, Cornell Law School. "42 CFR 483.20, Resident assessment," paragraph (k), preadmission screening. law.cornell.edu/cfr/text/42/483.20

Every applicant to a Medicaid-certified nursing facility in Georgia receives a Level I screen; a Level II referral follows signs of serious mental illness, intellectual or developmental disability, or a related condition; admissions can pend for review

Georgia Department of Behavioral Health and Developmental Disabilities, Georgia Department of Community Health, Alliant Health Solutions, and Georgia Collaborative ASO. "PASRR Training for CSU Providers." August 8, 2018. medicaid.georgia.gov/sites/medicaid.georgia.gov/files/related_files/document/PASRR%20Provider%20Training%20Combined%208.18.pdf

The exempted hospital discharge: admitted directly from acute inpatient hospital care, for the condition treated, with the attending physician certifying a likely stay under 30 days; review if the stay runs longer

Legal Information Institute, Cornell Law School. "42 CFR 483.106, Basic rule: Preadmission screening of individuals with mental illness and individuals with intellectual disability," paragraphs (a) and (b). law.cornell.edu/cfr/text/42/483.106

Georgia POLST: signed by the attending physician with the patient, or with the authorized person; portable across care settings; a copy has the same effect as the original; a facility may add requirements

O.C.G.A. (Georgia Code). Section 31-1-14, Physician Orders for Life-Sustaining Treatment, subsections (b) and (c), signing, portability, and copies (2025 code). Unofficial online text, Justia: law.justia.com/codes/georgia/title-31/chapter-1/section-31-1-14/

Georgia Department of Public Health. "Physician Orders for Life-Sustaining Treatment (POLST)." dph.georgia.gov/POLST

Georgia presumes consent to CPR without a do-not-resuscitate order

O.C.G.A. (Georgia Code). Sections 31-39-2, 31-39-3, and 31-39-6.1, Cardiopulmonary resuscitation. Unofficial online text, Justia: law.justia.com/codes/georgia/title-31/chapter-39

When a Georgia POLST may be written: a serious illness with death expected within a year, or any time after a diagnosis of dementia or another progressive disease affecting memory and thinking

O.C.G.A. (Georgia Code). Section 31-1-14, Physician Orders for Life-Sustaining Treatment. Unofficial online text, Justia: law.justia.com/codes/georgia/title-31/chapter-1/section-31-1-14
Georgia Department of Public Health. "POLST" form (revised April 19, 2016). dph.georgia.gov/POLST

A nursing home must give written information on advance directives at admission and document in a prominent part of the record whether she has one

Legal Information Institute, Cornell Law School. "42 CFR 489.102, Requirements for providers," paragraphs (a)(1), (a)(2), and (b)(2), advance directives.

law.cornell.edu/cfr/text/42/489.102

Emergency placement: the physical exam may follow within 14 days of admission

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.15, Admission" (Personal Care Homes). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.15

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.15, Admission" (Assisted Living Communities). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.15

Quotation on the notes page

Proverbs 27:1. King James Version (1611).

biblegateway.com/verse/en/Proverbs%2027:1

4. What to Keep

A nursing home must try alternatives, assess the risk of entrapment, and get informed consent before installing a bed rail

Legal Information Institute, Cornell Law School. "42 CFR 483.25, Quality of care," paragraph (n), bed rails.

law.cornell.edu/cfr/text/42/483.25

The National Association of Senior and Specialty Move Managers and its member directory

National Association of Senior & Specialty Move Managers.
"About NASMM" and "Find a Move Manager."
nasmm.org/about-nasmm/about-nasmm/

Quotation on the notes page

Henry David Thoreau. Walden (1854), "Visitors." Text checked at the Walden Woods Project,
walden.org/quotation-category/visitors-2/visitors

5. The House

Medicaid's 60-month look-back on transfers of assets, and the home

United States Code. 42 U.S.C. 1396p (Social Security Act section 1917), transfers of assets and estate recovery.
ssa.gov/OP_Home/ssact/title19/1917.htm

Applying for Medicaid in Georgia through Georgia Gateway or the Division of Family and Children Services

Georgia.gov. "How Do I Apply for Medicaid?"
georgia.gov/how-do-i-apply-medicaid

Georgia Senior Legal Aid, 404-389-9992

Atlanta Legal Aid Society. "Get Help" and "Contact."
atlantalegalaid.org

Elder law attorneys

National Academy of Elder Law Attorneys. "Find a Lawyer."
naela.org/findlawyer

Quotation on the notes page

John Howard Payne. "Home! Sweet Home!" from Clari; or, The Maid of Milan (London: John Miller, 1823). Representative Poetry Online, University of Toronto, rpo.library.utoronto.ca/content/song-0

6. Moving Day

A copy of a Georgia POLST has the same effect as the original

O.C.G.A. (Georgia Code). Section 31-1-14, Physician Orders for Life-Sustaining Treatment, subsections (b) and (c), signing, portability, and copies (2025 code). Unofficial online text, Justia: law.justia.com/codes/georgia/title-31/chapter-1/section-31-1-14/

A Georgia personal care home keeps a daily Medication Assistance Record of doses taken, refused, or given in error

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.20, Medications" (Personal Care Homes), paragraphs (2), (5), and (8). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.20

Quotation on the notes page

Psalm 121:8. King James Version (1611). bibleserver.com/KJV/Psalm121

7. The First Weeks

A nursing home resident's right to receive visitors of her choosing at the time of her choosing, subject to her consent and to clinically necessary or reasonable restrictions

Code of Federal Regulations. "42 CFR 483.10, Resident rights." e-cfr.gov/current/title-42/chapter-IV/subchapter-G/part-483/subpart-B/section-483.10

A Georgia personal care home or assisted living resident's right to visitors at mutually agreed hours

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.25, Residents' Rights" (Personal Care Homes). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.25

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.25, Residents' Rights" (Assisted Living Communities). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.25

Sudden confusion, delirium, and its causes, including infection, dehydration, and medicines

MedlinePlus, U.S. National Library of Medicine. "Delirium." medlineplus.gov/ency/article/000740.htm

988 by call, text, or chat

988 Suicide and Crisis Lifeline. "Get Help."
988lifeline.org/get-help

Quotation on the notes page

The Holy Bible, King James Version. Psalm 30:5.
kingjamesbibleonline.org

8. Moving Into Memory Care

The Alzheimer's Association 24/7 Helpline, 1-800-272-3900

Alzheimer's Association. "24/7 Helpline."
alz.org/help-support/resources/helpline

Quotation on the notes page

The Holy Bible, King James Version. Psalm 34:18.
kingjamesbibleonline.org

9. The First 90 Days

Baseline care plan within 48 hours of admission; comprehensive care plan within 7 days after the comprehensive assessment; participation of the resident and representative

Code of Federal Regulations. "42 CFR 483.21, Comprehensive person-centered care planning." ecfr.gov/current/title-42/chapter-IV/subchapter-G/part-483/subpart-B/section-483.21

The comprehensive assessment within 14 days after admission

Legal Information Institute, Cornell Law School. "42 CFR 483.20, Resident assessment." law.cornell.edu/cfr/text/42/483.20

A Georgia resident's right to take part in planning her care

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.25, Residents' Rights" (Personal Care Homes). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.25

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.25, Residents' Rights" (Assisted Living Communities). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.25

A nursing home may not charge her personal funds for items and services Medicare or Medicaid pays for, including incontinence supplies and routine personal hygiene items

Code of Federal Regulations. "42 CFR 483.10, Resident rights." e-cfr.gov/current/title-42/chapter-IV/subchapter-G/part-483/subpart-B/section-483.10

Medicare does not cover custodial care when that is the only care needed

Medicare.gov. "Long-Term Care."
medicare.gov/coverage/long-term-care

Georgia waiver programs can pay for services in licensed personal care homes

Georgia Department of Community Health. "Elderly and Disabled Waiver Program." medicaid.georgia.gov

Medicaid home and community-based services exclude room and board

Legal Information Institute, Cornell Law School. "42 U.S. Code 1396n," subsection (c)(1), home or community-based services other than room and board.

law.cornell.edu/uscode/text/42/1396n

Legal Information Institute, Cornell Law School. "42 CFR 441.310, Limits on Federal financial participation," paragraph (a)(2), room and board. law.cornell.edu/cfr/text/42/441.310

Nonpayment after reasonable notice as a permitted reason for nursing home discharge

Legal Information Institute, Cornell Law School. "42 CFR 483.15, Admission, transfer, and discharge rights," paragraphs (a)(3), (c), (d), and (e). law.cornell.edu/cfr/text/42/483.15

Applying for Medicaid in Georgia through Georgia Gateway or the Division of Family and Children Services

Georgia.gov. "How Do I Apply for Medicaid?"
georgia.gov/how-do-i-apply-medicaid

Medicaid coverage for care in the three months before the month of application, if she was eligible then

Legal Information Institute, Cornell Law School. "42 U.S. Code 1396a," subsection (a)(34), coverage in the three months before the month of application.

law.cornell.edu/uscode/text/42/1396a

The 60-month look-back on transfers for less than fair market value, and estate recovery for nursing facility care at 55 or older, deferred while a spouse, a child under 21, or a blind or disabled child survives

Legal Information Institute, Cornell Law School. "42 U.S. Code 1396p," subsections (b)(1)(B) and (b)(2), estate recovery, and (c)(1)(B)(i), the 60-month look-back.

law.cornell.edu/uscode/text/42/1396p

Applying a nursing home resident's income to the cost of care after the personal needs allowance, spouse and family allowances, and health insurance premiums

Legal Information Institute, Cornell Law School. "42 CFR 435.725, Post-eligibility treatment of income of institutionalized individuals in SSI States: Application of patient income to the cost of care." law.cornell.edu/cfr/text/42/435.725

Protection of resources and income for the spouse at home; the spouse's income is not deemed available to the resident

Legal Information Institute, Cornell Law School. "42 U.S. Code 1396r-5, Treatment of income and resources for certain institutionalized spouses."

law.cornell.edu/uscode/text/42/1396r-5

VA pension and Aid and Attendance: who qualifies, Form 21-2680, and Form 21-0779 for nursing home patients

U.S. Department of Veterans Affairs. "VA Aid and Attendance Benefits and Housebound Allowance."

va.gov/pension/aid-attendance-housebound

Nursing home and qualifying care facility costs as medical expenses for VA pension

Legal Information Institute, Cornell Law School. "38 CFR 3.278, Deductible medical expenses," paragraph (d), care facilities.

law.cornell.edu/cfr/text/38/3.278

VA pension's 36-month look-back and penalty of up to five years

Legal Information Institute, Cornell Law School. "38 CFR 3.276, Asset transfers and penalty periods," paragraphs (a)(7) and (e).

law.cornell.edu/cfr/text/38/3.276

The \$90 VA pension limit for a veteran or surviving spouse with no spouse or child in a Medicaid nursing facility, starting after the month Medicaid payments begin, and no reduction of the Medicaid payment by it

Legal Information Institute, Cornell Law School. "38 U.S. Code 5503, Hospitalized veterans and estates of incompetent institutionalized veterans," subsection (d), the \$90 pension limit for Medicaid nursing facility residents (expires January 31, 2033). law.cornell.edu/uscode/text/38/5503

Legal Information Institute, Cornell Law School. "38 CFR 3.551, Reduction because of hospitalization," paragraph (i), the \$90 limit after the month Medicaid payments begin.
law.cornell.edu/cfr/text/38/3.551

Help from an accredited representative is free; no fees before the first decision; the Inspector General's warning on pension poaching

U.S. Department of Veterans Affairs. "VA Accredited Representative FAQs."

va.gov/resources/va-accredited-representative-faqs

U.S. Department of Veterans Affairs. "Get Help from a VA Accredited Representative or VSO." va.gov/find-rep

United States Code. "38 U.S.C. 5904, Recognition of agents and attorneys generally." law.cornell.edu/uscode/text/38/5904

U.S. Department of Veterans Affairs, Office of Inspector General. "Pension Poaching" fraud alert. June 2025. vaoig.gov

Georgia Department of Veterans Service field offices and main number

Georgia Department of Veterans Service. Field office announcement, March 19, 2025, with the field office directory (veterans.georgia.gov/field-offices) and main number. veterans.georgia.gov/node/19471

VA benefits line, 1-800-827-1000

U.S. Department of Veterans Affairs. "Contact Us" and "Helpful VA Phone Numbers." va.gov/contact-us

Elder law attorneys

National Academy of Elder Law Attorneys. "Find a Lawyer." naela.org/findlawyer

Georgia assisted living: written care plan within 14 days of admission; personal care homes with proxy caregivers or memory care, the same

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.17, Services in the Community" (Assisted Living Communities), paragraph (3), written care plan within 14 days. law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.17

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.17, Services" (Personal Care Homes), paragraph (9), written care plan within 14 days. law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.17

Georgia notice before increases: 30 days for personal services, 60 days for room and board

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.16, Admission Agreements" (Personal Care Homes), paragraph (1)(b), notice of increases. law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.16

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.16, Admission Agreements" (Assisted Living Communities), paragraph (1)(b), notice of increases. law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.16

Georgia nursing home Medicaid: medical need for nursing care, a Medicaid-certified nursing home, and income and resource limits

Georgia Department of Human Services, Division of Aging Services. "Level of Care, Income and Savings, The Homeplace, Real Property, Vehicles, Burial Expenses." March 2016. aging.georgia.gov/document/document/medicaidltc-2016pdf/download

VA pays one award of pension or compensation at a time, and the beneficiary elects which

Legal Information Institute, Cornell Law School. "38 CFR 3.700, General" and "38 CFR 3.701, Elections of pension or compensation." law.cornell.edu/cfr/text/38/3.700

Quotation on the notes page

Ecclesiastes 9:10. King James Version (1611).
biblegateway.com/verse/en/Ecclesiastes%209:10

10. Trips to the Hospital

Bed-hold notice before and at transfer, and the written policy on return after hospitalization, including return to her previous room if available

Legal Information Institute, Cornell Law School. "42 CFR 483.15, Admission, transfer, and discharge rights," paragraphs (a)(3), (c), (d), and (e). law.cornell.edu/cfr/text/42/483.15

Medicare skilled nursing facility care: three inpatient days in a row, observation not counted, admission generally within 30 days, up to 100 days, and \$217 a day for days 21 to 100 in 2026

Medicare.gov. "Skilled Nursing Facility (SNF) Care."
medicare.gov/coverage/skilled-nursing-facility-care

Written notice at least two days before Medicare-covered skilled nursing services end

Legal Information Institute, Cornell Law School. "42 CFR 405.1200, Notifying beneficiaries of provider service terminations." law.cornell.edu/cfr/text/42/405.1200

The same two-day notice under Medicare Advantage

Legal Information Institute, Cornell Law School. "42 CFR 422.624, Notifying enrollees of termination of provider services," paragraph (b)(1).
law.cornell.edu/cfr/text/42/422.624

The fast appeal to the quality improvement organization

Code of Federal Regulations. "42 CFR 405.1202, Expedited determination procedures for provider services." ecfr.gov/current/title-42/chapter-IV/subchapter-B/part-405/subpart-J/section-405.1202

Acentra Health, the quality improvement organization for Georgia

Acentra Health, BFCC-QIO under contract with the Centers for Medicare & Medicaid Services. "Georgia: Beneficiary Helpline." acentraqio.com/bene/statepages/georgia

The Georgia long-term care ombudsman, 1-866-552-4464, option 5

Georgia Department of Human Services, Division of Aging Services. "FAQs." aging.georgia.gov/faqs

The exempted hospital discharge from preadmission screening

Legal Information Institute, Cornell Law School. "42 CFR 483.106, Basic rule: Preadmission screening of individuals with mental illness and individuals with intellectual disability," paragraphs (a) and (b). [law.cornell.edu/cfr/text/42/483.106](https://www.law.cornell.edu/cfr/text/42/483.106)

A Georgia POLST is portable across care settings

O.C.G.A. (Georgia Code). Section 31-1-14, Physician Orders for Life-Sustaining Treatment, subsections (b) and (c), signing, portability, and copies (2025 code). Unofficial online text, Justia: law.justia.com/codes/georgia/title-31/chapter-1/section-31-1-14/

The three-day rule waiver for approved Accountable Care Organizations, and the 2026 Part A deductible

Medicare.gov. "Skilled nursing facility care": the three-day rule waiver for approved Accountable Care Organizations, and the \$1,736 Part A deductible in 2026. [medicare.gov/coverage/skilled-nursing-facility-care](https://www.medicare.gov/coverage/skilled-nursing-facility-care)

Deadline for a fast appeal: noon of the calendar day after the notice is received; late requests are decided without the timeline or liability protection

Code of Federal Regulations. "42 CFR 405.1202, Expedited determination procedures for provider services." [ecfr.gov/current/title-42/chapter-IV/subchapter-B/part-405/subpart-J/section-405.1202](https://www.ecfr.gov/current/title-42/chapter-IV/subchapter-B/part-405/subpart-J/section-405.1202)

Quotation on the notes page

Ecclesiastes 4:9. King James Version (1611).
thebible.ch/KJV/ECC/4/9

11. Working With the Staff

Nursing homes must have a grievance policy and a grievance official, and must not retaliate against a resident who raises a grievance

Code of Federal Regulations. "42 CFR 483.10, Resident rights." [ecfr.gov/current/title-42/chapter-IV/subchapter-G/part-483/subpart-B/section-483.10](https://www.ecfr.gov/current/title-42/chapter-IV/subchapter-G/part-483/subpart-B/section-483.10)

Quotation on the notes page

Galatians 6:2. King James Version (1611).
christianity.com/bible/kjv/galatians/6-2

12. When Something Is Wrong

Complaints about care in licensed facilities to the Georgia Healthcare Facility Regulation Division

Georgia Department of Community Health. "Healthcare Facility Regulation: Complaints." dch.georgia.gov/node/9751

Abuse in a care home: the state licensing agency and the police

State of Georgia. "Report Elder Abuse." Georgia.gov, last updated June 2026. georgia.gov/report-elder-abuse

The ombudsman follows the resident's direction and does not report abuse without her consent

Code of Federal Regulations. "45 CFR 1324.19, Duties of the representatives of the Office." ecfr.gov/current/title-45/subtitle-B/chapter-XIII/subchapter-C/part-1324/subpart-A/section-1324.19

The Georgia long-term care ombudsman, 1-866-552-4464, option 5

Georgia Department of Human Services, Division of Aging Services. "FAQs." aging.georgia.gov/faqs

Nursing home discharge: permitted reasons, 30 days' written notice in most cases, appeal rights and the ombudsman on the notice, and no discharge while an appeal is pending except as documented

Legal Information Institute, Cornell Law School. "42 CFR 483.15, Admission, transfer, and discharge rights," paragraphs (a)(3), (c), (d), and (e). law.cornell.edu/cfr/text/42/483.15

Georgia personal care homes and assisted living: 30 days' written notice before discharge or transfer unless an immediate transfer is required

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.29, Discharge or Transfer of Residents" (Personal Care Homes). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.29

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.29, Discharge or Transfer of Residents" (Assisted Living Communities). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.29

Quotation on the notes page

The Holy Bible, King James Version. Psalm 46:1.
kingjamesbibleonline.org

13. If the Move Is Not Working

Leaving a Georgia assisted living community on 30 days' written notice, or a personal care home on notice to the home

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.25, Residents' Rights" (Assisted Living Communities). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.25

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.25, Residents' Rights" (Personal Care Homes). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.25

Quotation on the notes page

Ecclesiastes 3:1. King James Version (1611). biblegateway.com/passage/?search=Ecclesiastes+3%3A1&version=KJV

14. Your New Home

A Georgia personal care home or assisted living resident's rights, including visitors, money, care, privacy, mail, belongings, her own doctor, care planning, activities, freedom from retaliation, and leaving

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-62-.25, Residents' Rights" (Personal Care Homes). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-62-.25

Legal Information Institute, Cornell Law School. "Ga. Comp. R. & Regs. R. 111-8-63-.25, Residents' Rights" (Assisted Living Communities). law.cornell.edu/regulations/georgia/Ga-Comp-R-Regs-R-111-8-63-.25

A nursing home resident's rights to visitors, belongings, privacy, choices about her day, care planning, freedom from restraints for discipline or convenience, inspection results, and grievances without reprisal

Code of Federal Regulations. "42 CFR 483.10, Resident rights." e-cfr.gov/current/title-42/chapter-IV/subchapter-G/part-483/subpart-B/section-483.10

The Georgia long-term care ombudsman, 1-866-552-4464, option 5

Georgia Department of Human Services, Division of Aging Services. "FAQs." aging.georgia.gov/faqs

988 by call, text, or chat

988 Suicide and Crisis Lifeline. "Get Help."
988lifeline.org/get-help

Abuse in a care home: the state licensing agency and the police

State of Georgia. "Report Elder Abuse." Georgia.gov, last updated June 2026. georgia.gov/report-elder-abuse

Georgia Department of Community Health. "Healthcare Facility Regulation: Complaints." dch.georgia.gov/node/9751

Quotation on the notes page

Seneca. Moral Letters to Lucilius, Letter 12, section 4.

Translated by Richard M. Gummere (Loeb Classical Library, 1917). Text checked at pages.pomona.edu/~cmc24747/sources/seneca/sen_ep_1.htm