

Walk the whole house, room by room, the way Frank walks the whole dock rather than the boards that gave him trouble last time. Mark what is a problem now and what will be a problem in a year.

Area	Now	Soon	What needs doing
Stairs, inside and out. Railings on both sides.			
Bathroom. Grab bars, shower entry, toilet height.			
Floors. Rugs, cords, thresholds, uneven spots.			
Lighting. Hallways, stairs, the path to the bathroom at night.			
Kitchen. Stove safety, reachable storage, sharp items.			
Bedroom. Bed height, path to the door, phone within reach.			
Entry. Steps, threshold, whether a walker fits through.			
Smoke and carbon monoxide alarms. Tested when?			
Medications. Stored where, and can they be double-dosed?			
Getting help. Phone, alert system, who is nearby.			
Driving. Is it still safe, and who will say so?			